



Orana Leaflet

Orana's fortnightly newsletter
22nd March 2019

WHAT'S COMING UP IN THE NEXT FORTNIGHT:

Saturday 23rd March

Monday 25th March

Thursday 28th March

Friday 29th March

Tuesday 2nd April

Thursday 4th April

Friday 5th April

Working Bee

Swimming lessons continue, classes 2-5

Secondary South Boys' Basketball

Early Childhood Harvest Festival

Year 11 excursion to water treatment plant

Twilight Concert 5.45pm Overture Hall

Mount Barker Year 9 students visiting Orana

Year 10 Geography excursion to Kosciusko National Park

SS ACT Primary / South Weston Region Swimming Carnival

Harvest Festival

Year 9 excursion to MOAD

Community Market

INVITATION

Orana's first **Twilight Concert** for 2019 will be held in Overture Hall on **Friday 29 March** from 5.45 to 7pm. This short and light-hearted concert will feature students from classes 3, 5 and 9, the Primary School Choir and High School Volos. Music will be in diverse styles from jazz and folk to classical and newly composed. All are welcome, but please note that young, non-performing children should sit quietly with parents so that our young musicians have the best chance to perform well.



AROUND THE SCHOOL THIS WEEK...



Years 2-5 swimming programme at the AIS



Class 7MT – Geology Main Lesson

CELEBRATING OUR STUDENTS' ACHIEVEMENTS:

Congratulations to George Harwood-Edwards, who has been selected to represent the ACT in the U15 pole vault at the 2019 Australian Athletics Championships! The competition will take place from 1st to 7th April at Sydney Olympic Park.

The ACT School Sport diving competition was held over the weekend, with several Orana students entering the 1m springboard category. George Harwood-Edwards came first in the U14 and is now the official ACT U14 1 m springboard diving champion!! Clancy Ray-Hoy came 2nd and Boris Harwood-Edwards came 3rd in the U15. Congratulations to you all!

ORANA IS NOW ON INSTAGRAM!

Please head over to our page and follow us if you can – let's raise awareness of our beautiful school!

BICYCLE SAFETY:

Following on from our email last week please see the links below, regarding young children and bicycle safety.

It is recommended that children under 12 years of age should not be riding in traffic situations at all without an adult supervising.

<https://www.betterhealth.vic.gov.au/health/healthyliving/road-and-traffic-safety-for-children>
<https://www.kidsafensw.org/road-safety/pedestrian-safety/>

While the ACT does not have specific guidelines around children and bicycle safety, the Victorian Government "better health" website states:

Bicycle safety for children between five and nine

Your child still needs adult supervision and assistance in the traffic environment. It is important to:

- Talk together about signs and traffic lights. Identify and discuss places where it is safe to cross the road.
- Teach your child how to cross roads using the 'stop, look, listen and think' process – stop at the kerb, look and listen for traffic and then decide whether it is safe to cross. Take the trip to school together along the safest footpaths and use safe crossing places, such as pedestrian crossings and on straight sections of road.
- Supervise your child on the way to and from school.
- Always be a good role model for your child by obeying road rules and crossing roads safely.
- **Children under 12 years of age should not cycle on the road, and they should be accompanied by a competent adult when riding on a footpath or bike path.** (You can ride with your child on footpaths while they are younger than 12 years old.)
- Make certain that your child wears an approved Australian Standards helmet when riding a bike.

Child development and road safety

Why are young children at risk around traffic?

Social/Emotional Development

Young children are

- Sociable and want to be 'Where the action is'
- All different, so what works with one child may not work with another

They also

- See themselves as 'big boys' or 'big girls' and want to do things by themselves

Physical Development

Young children are

- Fast and can quickly move from safety into danger
- Small and difficult for drivers to see, especially behind a reversing vehicle
- Still developing reflexes and reactions so stopping can take longer
- Fragile so injuries are likely to be severe



Cognitive Development

Young children are

- Curious and keen to explore and learn about their surroundings
- Yet to understand 'danger' and what to do to keep safe
- Often easily distracted but can also be really focused on what is important to them
- Still developing their ability to judge the speed and distance of moving vehicles and what these mean

- Inexperienced as road users and can be confused by sudden changes in the traffic environment

- Still developing their understanding of sound and direction and what these mean

They also

- Understand cause and effect differently to adults when in traffic
- Interpret what they may see in their peripheral vision differently to adults
- Can say safety words and slogans but are not yet able to apply them independently

Children's behaviour can't be explained in terms of just one developmental area. It is the **interaction** of the cognitive, social/emotional and physical aspects of their development that puts young children at risk in and around traffic.

Adults are responsible for the safety of young children!

PSSST! HAVE YOU BEEN TO THE SCHOOL P&F SHOP YET?

It's now open every morning and most afternoons!

The school P&F shop has your needs sorted for indoor shoes, sunhats, school logo shirts and beautiful stationary items that the children use in their classrooms at Orana.

But it's not just for the kids! The shop also has a range of unique, handmade and local items that inspire creative minds, spoil the one you love, or to treat yourself.

Come and see our range of:

- handmade, wooden and felt toys
- wool, knitting needles, pencils, wax and crayons that the kids use in their Orana classrooms
- handmade soaps, lotion bars and other natural and holistic care products
- handmade candles
- gourmet chocolate and chai
- handmade jewellery, jumpers and beanies
- and much more!



THE P&F SHOP NEEDS YOU!

There are still shifts available on the shop volunteer roster. Each shift is approximately 1 hour and community hours apply. Tasks are easy and basic training will be provided.

Available shifts are:

Every second Monday afternoon (even weeks)

Every second Tuesday afternoon (odd weeks)

Contact Rebeka Mills at oranaschoolshop@outlook.com to find out more!

WOULD YOU LIKE AN EASY WAY TO ORDER YOUR PANTRY ITEMS AND SUPPORT THE P&F COMMUNITY?

The P&F Shop runs a wholefood buying group that orders monthly. Organic and natural pantry staples, nuts, seeds and cleaning products. Wholesale prices with 10% profit going to the P&F to raise funds to support the School community and our children.

If you are interested, please email oranaschoolshop@outlook.com to be added as a member and receive login details.

All orders are placed and paid for online then collected from school when delivered.

INFORMATION REGARDING CHANGES TO THE SCHOOL BUS NETWORK:

The following letters have been sent to the school regarding the upcoming changes in the school transport network.



5 March 2019

Dear Ms Lee,

The ACT Government is introducing a new integrated public transport network for Canberra for the beginning of Term 2, 2019. This network will include bus and light rail services operating together to give Canberrans more options to use public transport, every day of the week.

As part of this change, the way students will get to school by public transport will change from Term 2, 2019. Some students will use different routes, make connections between services or use light rail for the first time. Every student who will use public transport needs to be aware of the changes.

What do you need to know

Bus services will change for the beginning of Term 2.

- The change to services will include dedicated school services for the commencement of Term 2 on 29 April 2019.
- The new timetable information will be available on line from early March, including an improved online journey planner.
- Information about services for each school is available online at www.transport.act.gov.au/getting-around/new-network/schools.
- Light rail services are being tested now, and you can find out more about safety for pedestrians, cyclists and drivers around light rail online at www.canberra-metro.com.au/safety.

For more information about the changes or assistance in explaining the changes to your community, please contact Kylie Smith, Transport Canberra School and Community Liaison Manager, at kyliea.smith@act.gov.au.

Yours Sincerely,

A handwritten signature in black ink, appearing to read 'J Sturman'.

Judith Sturman
Executive Group Manager, Public Transport Operations



ACT
Government

Transport Canberra
and City Services

14 March 2019

Dear Ms Lee,

As you will be aware, the ACT Government is introducing a new integrated public transport network including bus and light rail services for Canberra for the beginning of Term 2, 2019.

The Government has recently released timetables for the new network, which will commence on **Monday 29 April 2019**.

I would encourage all schools, parents and students to find out how they can use the new services from Term 2 by:

- Planning their journey to and from school in the improved Transport Canberra journey planner at www.transport.act.gov.au, which includes dedicated school services for the first time; or
- Using the school pack that shows all the different services available for your school at www.transport.act.gov.au/getting-around/new-network/schools/schools-a-z-listing.

You can also find other information about the changes at www.transport.act.gov.au to help parents and students understand how to use the new integrated public transport network, including information about student safety, fares and ticketing and maps.

For more information about the changes or assistance in explaining the changes to your community, please contact Kylie Smith, Transport Canberra School and Community Liaison Manager, at kyliea.smith@act.gov.au.

Yours Sincerely,

Judith Sturman

Executive Group Manager, Public Transport Operations

ADS:

Parents within our school community are able to advertise in our newsletter. The cost of advertising is \$5 for 5 or 6 lines of text. If you would like to use this opportunity please email your text through to info@oranaschool.com and pay for the ad at the Finance Office.



SPECIALISED WORKSHOPS
IN SCHOOL HOLIDAYS

REDUCED RATE AT
OUR ORANA SITE

SWISH will be operating again in the April holidays from Monday 15 April - Friday 26 April - closed public holidays. Full details of our workshops can be found on our website as well as a comprehensive FAQ section for any questions you might have.

www.swisheducation.edu.au

FREE TO GOOD HOME:

3 1/2 year old Isa Brown hen to good home; no longer laying but cute.

For sale: Casio keyboard LK-120 in excellent condition with music book, adapter and music stand. \$70 (see attached photo)

For sale: Cello music books – *Tricks to Tunes* by Audrey Ackerman,

Books 1 & 2, some pencil marks, \$10 each

Phone Tracey 6288 9704



ANCIENT FUTURES GATHERING:

Thank you to our Orana community for your support in the lead up to this year's Awakening Ancient Futures Gathering happening tomorrow (23 March!). If you haven't yet got tickets and would like to join us, please know you and your family are warmly welcome and invited to come together as a community to co-create, connect with country and celebrate culture at Ingelara Farm Retreat, only 45 minutes out of Canberra. Many of our children have spent much time listening and learning on this beautiful land, and we are opening up the opportunity for you to come and share the nourishment while also offering your energy back to nature in return to enjoy the benefits of reciprocal flow as we tune into a more sustainable, peace-filled future. We have special concession/ half price ticket (\$45 plus fee) as well as full day options available. Children are free and there will be many child-focused activities as well as family friendly all in fun available throughout the day. You can find more details and get your tickets here... <https://www.facebook.com/events/601179903638222/>
[Awakening Ancient Futures: Celebrating Country, Culture and Community - facebook.com](https://www.facebook.com/events/601179903638222/)
4931 Monaro Highway, Colinton, New South Wales, Australia 2626.

WORLD DANCE CLASSES FOR YOUNG PEOPLE



World dance classes give children a taste of cultural traditions through the joy of dancing together. Classes improve fitness and co-ordination in a relaxed way without competitions or dress-code.

WHEN (during school term):
2 to 4 years (with parent or carer), Thursdays 10 – 10:45am
4 to 7 years, Fridays 4:15 - 5:00pm
8 years +, Fridays 5:30 - 6:15pm

COST: \$8 per class (discount for siblings, carers free)

WHERE: Folk Dance Canberra
114 Maitland Street
Hackett ACT 2602

Enquiries: 0420 524 412 (Rebecca)
Email: folkdancecanberra@gmail.com
www.folkdancecanberra.org.au



0420524412